

A Week in the West

Seven unhurried days around Paphos and the wild Akamas peninsula, where the myth of Aphrodite meets some of the island's emptiest coastline.

BASE

Paphos, with Latchi for the Akamas

PACE

Slow, a car is essential

BEST MONTHS

May to October

GOOD FOR

Couples, walkers, history and nature

The west of Cyprus is the quiet half. Paphos carries more than two thousand years of history as a UNESCO World Heritage site, and just up the coast the Akamas peninsula stays roughly the way it has always been, all gorge, scrub and turquoise water with no road through the middle of it.

A week lets you take it properly: the harbour and the mosaics, the hill villages, a boat day on the Akamas, and enough beach time in between. Base yourself near Paphos for the first half, then drift north toward Latchi for the wilder days.

DAY 1

Paphos harbour and the mosaics

MORNING

Ease in along the harbour and the medieval fort, then into the Archaeological Park for the Roman villa mosaics, among the finest in the Mediterranean.

AFTERNOON

A swim and a long lunch by the water.

EVENING

Dinner in Kato Paphos, an easy first night.

DAY 2

Tombs of the Kings and Coral Bay

MORNING

The Tombs of the Kings, monumental rock-cut tombs above the sea, are best in the cooler morning light.

AFTERNOON

North to Coral Bay for the day, the most family-friendly stretch of sand in the area.

EVENING

Sunset drinks looking out toward the Akamas.

DAY 3

Aphrodite's myth and the hill villages

MORNING

Drive to Petra tou Romiou, the sea stack where Aphrodite is said to have risen from the foam, then up into the wine villages of the Paphos hills.

AFTERNOON

Lunch in a village taverna and a wander through Omodos or Panagia.

EVENING

Back to base for a quiet evening.

DAY 4

Into the Akamas by boat

MORNING

Move your base toward Latchi and Polis. Take a boat from Latchi harbour along the Akamas coast to the Blue Lagoon for swimming and snorkelling.

AFTERNOON

More time in the water, or a stroll around Polis.

EVENING

Fresh fish on the Latchi waterfront.

DAY 5

The Akamas on foot

MORNING

Walk the Aphrodite or Adonis nature trail from the Baths of Aphrodite, with long views back over Chrysochous Bay. Go early, before the heat.

AFTERNOON

Cool down at a quiet northern beach.

EVENING

A slow village dinner inland.

DAY 6

Avakas Gorge and a final beach

MORNING

The Avakas Gorge narrows to a dramatic slot you can walk through; pair it with the open Lara beach, a protected turtle nesting site.

AFTERNOON

One last long swim.

EVENING

Somewhere special for your final dinner.

DAY 7

An easy departure

MORNING

A final harbour coffee and any corner you want to revisit.

AFTERNOON

Paphos airport is close, which makes the last day genuinely relaxed.

The route on the map

1. Paphos harbour and fort
2. Tombs of the Kings

3. Coral Bay
4. Petra tou Romiou
5. Latchi harbour
6. Blue Lagoon, Akamas
7. Avakas Gorge

Premium Living Cyprus

A week in the west works best from a villa with its own pool and space to spread out, within reach of both Paphos and the road north to the Akamas.

<https://premiumliving.com.cy/he/see-cyprus/itineraries/a-week-in-the-west/>